

## 2018 County Health Rankings for Nacogdoches County: Measured with National & State Results

Measure	Description	US	TX	Nacogdoches
<b>HEALTH OUTCOMES</b>				
Overall Ranking	Out of 242 counties			<b>116</b>
Length of Life	Out of 242 counties			<b>109</b>
Poor or fair health	% of adults reporting fair or poor health	16%	18%	19%
Poor physical health days	Average # of physically unhealthy days reported in past 30 days	3.7	3.5	3.9
Poor mental health days	Average # of mentally unhealthy days reported in past 30 days	3.8	3.4	3.9
Low birthweight	% of live births with low birthweight (<2500 grams)	8%	8%	7%
<b>HEALTH FACTORS</b>				
<b>HEALTH BEHAVIORS</b>				
Overall Ranking	Out of 242 counties			<b>206</b>
Health Behavior Ranking	Out of 242 counties			<b>228</b>
Adult smoking	% of adults who are current smokers	17%	14%	17%
Adult obesity	% of adults that report a BMI $\geq$ 30	28%	28%	35%
Physical inactivity	% of adults reporting no leisure-time physical activity	23%	24%	28%
Excessive drinking	% of adults reporting binge or heavy drinking	18%	19%	17%
Alcohol-impaired driving deaths	% of driving deaths with alcohol involved	29%	28%	32%
Sexually transmitted infections	# of newly diagnosed chlamydia cases per 100,000 population	478.8	523.6	635.5
Teen births	# of births per 1,000 female population ages 15-19	27	41	29
<b>CLINICAL CARE</b>				
Overall Ranking	Out of 242 counties			<b>76</b>
Uninsured	% of population under 65 without health insurance	11%	19%	20%
Preventable hospital stays	# of hospital stays for ambulatory-care per 1,000 Medicare enrollees	49	53	67
Diabetes monitoring	% of diabetic Medicare enrollees that receive HbA1c monitoring	85%	84%	79%
<b>SOCIAL AND ECONOMIC FACTORS</b>				
Overall Ranking	Out of 242 counties			<b>174</b>
High School graduation	% of ninth-grade cohort that graduates in four years	83%	89%	89%
Some college	% of adults ages 25-44 with some post-secondary education	65%	60%	55%
Unemployment	% of population aged 16 and older unemployed but seeking work	4.9%	4.6%	4.7%
Children in poverty	% of children under age 18 in poverty	20%	22%	33%
Single-parent households	% of children that live in a household headed by a single parent	34%	33%	32%
Violent crime	# of reported violent crime offenses per 100,000 population	380	408	286
Injury deaths	# of deaths due to injury per 100,000 population	65	55	66
<b>PHYSICAL ENVIRONMENT</b>				
Overall Ranking	Out of 242 counties			<b>198</b>
Air pollution – particulate matter	Average daily density of fine particulate matter in micrograms	8.7	8.0	9.5
Drinking water violations	Yes – indicates a violation, No – indicates no violation	NA	NA	Yes
Severe housing problems	% of households with overcrowding or lack of plumbing facilities	19%	18%	19%
Driving alone to work	% of workforce that drives alone to work	76%	80%	80%